

Destination Wellbeing ...

Next Stop: **Exploring Our Heritage**

Saltaire holds deep ties with the people of Yorkshire. Why not indulge yourself in some northern heritage and jump on the train to West Yorkshire's most famous model village?

A Day Out in Saltaire

Did you know? The town of Saltaire was purpose-built to house the workers at **Titus Salt's textile mill**. The model town is now a **UNESCO World Heritage Site**.

The iconic **Salts Mill**, next to the station, is now a **hub of art and culture**. As a home-grown talent, **David Hockney's** 'Arrival of Spring' is displayed in the mill. Other unique pieces from the world-renowned artist are on show in the 1853 gallery.

The mill also offers an opportunity to buy from **independent businesses** selling books, art, jewellery, and all sorts of things you don't actually need (but would look lovely in your lounge).

You must be hungry now; why not stop off for a bite at one of many of Saltaire's restaurants? Take your pick from Indian fusion, Thai, tapas and modern British cuisine. If you decide to stay in Saltaire, there are plenty of places for a drink, such as **Don't Tell Titus** (so named as Sir Titus did not allow his workers to drink alcohol).

Now take a ride up the hill on the **ShIPLEY Glenn Tramway** (open Sundays only), for a cracking view over the **Aire Valley**.

Enjoy a post-lunch stroll along the **Leeds and Liverpool Canal** towards Shipley (east), or Bingley (west). Alternatively, you can have a rest in **Robert's Park**, which is home to the Half Moon Café and a children's play area - you may even catch a cricket game in the summer. The park was opened in 1871 as part of Sir Titus Salt's ambition to create a good life for the people of Saltaire. It was renovated in 2010 with a £3.2m Heritage Lottery fund and boasts some outstanding natural beauty with blossoming trees each spring.

Sir Titus is buried at the **United Reform Church**, just around the corner from the station. He commissioned the church himself, and it truly is an impressive example of Victorian architecture.

