

The Bentham Line Self-guided Walks

This leaflet describes one of a diverse collection of twelve walks linking neighbouring stations along the Bentham Line between Heysham Port and Skipton.



Loyn Bridge, near Gressingham

Walk No.	Route	Miles
1	Heysham Port - Morecambe	5.3
2	Lancaster - Morecambe	3.8
3	Morecambe - Bare Lane	2.5
4	Bare Lane - Carnforth	5.6
5	Wennington - Carnforth	11.3
6	Wennington - Bentham	3.9
7	Clapham - Bentham	5.0
8	Clapham - Giggleswick	9.4
9	Giggleswick - Long Preston	5.6
10	Long Preston - Hellifield	3.8
11	Hellifield - Gargrave	7.0
12	Gargrave - Skipton	5.0

Timetable

For train times on the Bentham Line pick up Northern Timetable 7 or the Airedale Metro Timetable, or use the websites below.

Fares and Service Information

National Rail enquiries:

telephone: 08457 48 49 50
textphone: 0845 60 50 600
website: www.nationalrail.co.uk

Customer Helpline

Northern comments and enquiries:

telephone: 0800 200 6060
contact: enquiries@northernrailway.co.uk

Rail Websites

leedslandancastermorecambecrp.co.uk



lasrug.btck.co.uk



northernrailway.co.uk



Tourist Information

Leeds: visitleeds.co.uk
Skipton: skiptononline.co.uk
Bentham: aboutbentham.org.uk
Yorkshire Dales: yorkshiredales.org.uk
Lune Valley, Lancaster and Morecambe: citycoastcountryside.co.uk

Rail to Trail Walk Guide

The Bentham Line

Walk 5 - Wennington to Carnforth



The Lune near Gressingham



Leeds-Lancaster-
Morecambe
Community Rail
Partnership

LASRUG
Lancaster and
Skipton Rail
User Group

Walk 5 - Wennington to Carnforth

Tunnel, Castles and Canal

OS Explorer Maps, **essential**: OL2, OL41, OL7

Fields, lanes and towpath

Strenuous

11.3 miles

WENNINGTON TO CARNFORTH

Time: 5 hours 20 minutes Walk grade: Strenuous

Distance: 11.3 miles / 18 kilometres

Total ascent: 318 metres Total descent: 348 metres

Leg 1. Wennington station - Lodge Lane -Lodge Farm - Park House - A683 - Castle Stede Motte & Bailey.

Distance: 3.8 miles / 6.0 km Explorer map: OL2

Exit station, turn right, cross River Wenning bridge. Turn left to Melling along Lodge Lane. Pass Wennington Hall School (R). Just after leaving Wennington, at top of hill, turn left along surfaced drive to Lodge Farm. Cross rail tunnel, and see waste heaps (L). Pass Lodge Farm (R).

Continue straight ahead, pass Park House farm buildings (R) and follow track around towards farm house. Just before house turn right up yard and pass through two gates into field. Continue up field and follow way-markers. Follow wall to right of Windy Bank Barn to top of track, passing disused quarry (L), and follow down until it levels off.

Veer right and head down across field to field gate in hedge onto main A683 road. (TAKE CARE, FAST MOVING TRAFFIC.) Turn right towards oncoming traffic as far as approaching right hand bend, then cross road carefully and walk a short distance around the bend, back to traffic, to a step stile in hedge with footpath sign. Cross stile and turn left and head towards Holme Head Farm. Keep to right of farm and head straight towards the Castle Stede mound.



Castle Stede

Leg 2. Castle Stede - Fleets Lane - Fleets Farm - Lea Lane - B6254 and Red Well Public House - Swarthdale - Over Kellet.

Distance: 3.8 miles / 6.0 km Explorer map: OL41

Go around Castle Stede mound, keeping it on right, and pass old World War II pillbox (R). Cross stile onto road, turn right and cross Loyn Bridge over River Lune. Go straight on at Z-bend along Fleet Lane, signed 'Eskrigge ¾'. Pass Fleets Farm (L). Turn left at T-junction, then fork right up hill. Follow Lea Lane around to right at entrance to Belle View Farmhouse. At top of hill, look back to see Hornby Castle in the valley.

At T-junction, cross road to left and then turn right up bridleway track, and follow this directly to a stable yard and the B6252, turn left. (TAKE CARE, BUSY ROAD.) Red Well pub to right. Turn left and follow the road towards Halton.

Turn right at next road junction. Carry straight on at following junction, Swarthdale (R). Just past a wood (R) take path to right. Cross first wall/hedge and follow left fork path towards Kirk House. Pass Kirk House (L). Continue to road, turn right and follow road down to Post Office/Store (L) and Over Kellet village green.

Leg 3. Over Kellet - Kellet Lane Bridge - Lancaster Canal Towpath - Carnforth station.

Distance: 3.8 miles / 6.0 km Explorer map: OL7

Cross Over Kellet green close to cross and war memorial, cross B6254, and go down Capenwray-Borwick road. Turn left down Kellet Lane, cross Kellet Lane Bridge (traffic lights) and immediately turn left down onto the Lancaster Canal towpath which goes through Carnforth.

Follow the towpath under the M6 motorway, then the A601(M) link road (Bridge No129A). Go under canal bridge No129 and immediately turn right, either up the steps, or up the incline to lane. Turn left up lane to road. Turn left into North Road. Turn right down Hawk Street. Turn left up Lancaster Road (A6) towards traffic lights. Turn right down Market Street for station at bottom of hill.



Lancaster Canal, near Over Kellet