The Bentham Line Self-guided Walks

This leaflet describes one of a diverse collection of twelve walks linking neighbouring stations along the Bentham Line between Heysham Port and Skipton.



Walk No.	Route	Miles
1	Heysham Port - Morecambe	5.3
2	Lancaster - Morecambe	3.8
3	Morecambe – Bare Lane	2.5
4	Bare Lane - Carnforth	5.6
5	Wennington - Carnforth	11.3
6	Wennington - Bentham	3.9
7	Clapham - Bentham	5.0
8	Clapham - Giggleswick	9.4
9	Giggleswick - Long Preston	5.6
10	Long Preston - Hellifield	3.8
11	Hellifield - Gargrave	7.0
12	Gargrave - Skipton	5.0

Timetable

For train times on the Bentham Line pick up Northern Timetable 7 or the Airedale Metro Timetable, or use the websites below.

Fares and Service Information

National Rail enquiries:

telephone: 08457 48 49 50 textphone: 0845 60 50 600 website: nationalrail.co.uk

Customer Helpline

Northern comments and enquires:

telephone: 0800 200 6060 contact: enquiries@northernrailway.co.uk

Websites

leedslancastermorecambecrp.co.uk



lasrug.btck.co.uk

northernrailway.co.uk



Tourist Information

Leeds: visitleeds.co.uk
Skipton: skiptononline.co.uk
Bentham: aboutbentham.org.uk
Yorkshire Dales: yorkshiredales.org.uk
Lune Valley, Lancaster and Morecambe:
citycoastcountryside.co.uk

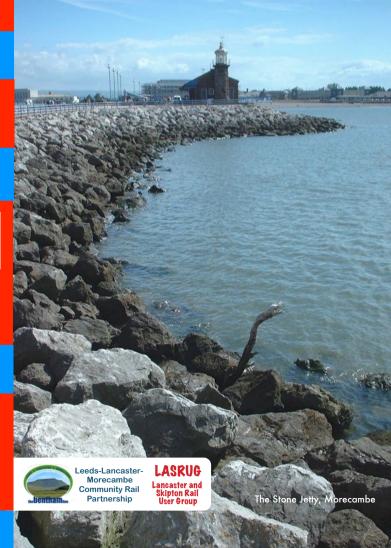
Text Stuart Ballard

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Rail to Trail Walk Guide

The Bentham Line

Walk 3 - Morecambe to Bare Lane



Easy

2.5 miles







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MORECAMBE TO BARE LANE

Time: 1 hour 20 minutes Distance: 2.5 miles / 4.0 kilometres Total Ascent: 22 metres Total Descent: 19 metres Walk Grade: Easy

Exit Morecambe station and cross pedestrian crossing towards large bus shelter/kiosk (L) and long semi-circular metal seat ahead. After passing kiosk turn left and walk down the Poem Path, towards the iconic Midland Hotel. Pass the Festival Market building (L) and the old Railway station (L) which houses the Information Centre and The Platform. At the main road turn left towards the bus shelter to cross Marine Road on the pedestrian crossing.

After crossing turn left and then sharp right through the flood wall. This is the start of the Way of the Roses cycle route that goes across the country to Bridlington. Turn right on the prom (signed 'Bare'), sea (L), and head towards the front of the Midland Hotel. At the Midland, turn left to the Stone Jetty, (possible extension to walk), then right towards the new RNLI building and shop. Continue around the prom to the car park, where the prom turns left. Soon afterwards pass a play area (R) and the statue of Eric Morecambe in his characteristic pose, atop a mound with steps (R). Pass the clock tower and identify the Lake District hills across Morecambe Bay (L) in graphic detail on a panoramic profile of stone (L). Continue along promenade, pass another RNLI boat station and yacht club.

Continue northward along the prom towards a single multi-storey block of flats to sign 'Bare, Local shops and Station'. Exit promenade, cross road, turn left and take next right, Princess Crescent, for traditional shops. Beyond shops bear right into Bare Lane. (Possible extension - continue along Promenade to Happy Mount Park)

Pass Public Footpath sign to Hest Bank (L) on opposite side of road behind bus shelter. (Walk 4 - Bare Lane to Carnforth goes along this path.) Continue on main road to the station, which is next to the level crossing barriers.

It is important to wait on the correct platform to catch a train here, so please consult the information posters and overhead screens on the platforms.