The Bentham Line Self-guided Walks

This leaflet describes one of a diverse collection of twelve walks linking neighbouring stations along the Bentham Line between Heysham Port and Skipton.



Walk No.	Route	Miles
1	Heysham Port - Morecambe	5.3
2	Lancaster - Morecambe	3.8
3	Morecambe – Bare Lane	2.5
4	Bare Lane - Carnforth	5.6
5	Wennington - Carnforth	11.3
6	Wennington - Bentham	3.9
7	Clapham - Bentham	5.0
8	Clapham - Giggleswick	9.4
9	Giggleswick - Long Preston	5.6
10	Long Preston - Hellifield	3.8
11	Hellifield - Gargrave	7.0
12	Gargrave - Skipton	5.0

Timetable

For train times on the Bentham Line pick up Northern Timetable 7 or the Airedale Metro Timetable, or use the websites below.

Fares and Service Information

National Rail enquiries:

telephone: 08457 48 49 50 textphone: 0845 60 50 600 website: nationalrail.co.uk

Customer Helpline

Northern comments and enquiries:

telephone: 0800 200 6060 contact: enquiries@northernrailway.co.uk

Rail Websites

leedslancastermorecambecrp.co.uk



lasrug.btck.co.uk

northernrailway.co.uk



Tourist Information

Leeds: visitleeds.co.uk Skipton: skiptononline.co.uk Bentham: aboutbentham.org.uk Yorkshire Dales: yorkshiredales.org.uk Lune Valley, Lancaster and Morecambe: citycoastcountryside.co.uk

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Rail to Trail Walk Guide

The Bentham Line

Walk 1 - Heysham Port to Morecambe



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Walk 1 - Heysham Port to Morecambe

OS Explorer Map: 296

Moderate

Nuclear Fission and Candy Floss

5.3 miles

HEYSHAM PORT TO MORECAMBE

Time: 2 hours 40 minutes
Total ascent: 65 metres

Distance: 5.3 miles / 8.5 kilometres

Total descent: 64 metres

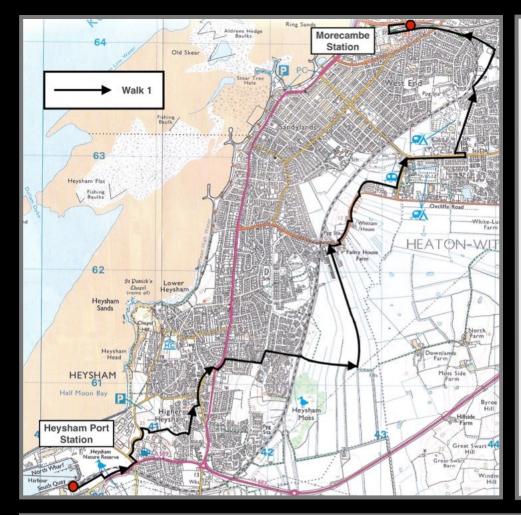
Walk grade: Moderate

Leave station platform through metal gate, turn left and go around car park to gate in far left corner. Exit car park and turn left along pavement. Cross rail crossing, turn left and continue up incline in distance. At cross roads, cross towards pub and turn left down Port Way. Pass end of Moneyclose Lane (R). Turn right down Penrod Way and follow this road around a large building (R). Turn left down Smithy Lane close to metal paling fence (R) of lorry-park. Follow this fence around to right along a footpath that keeps close to the fence.

Follow this path through a small wood and up a concrete incline to the right into a field. Veer left across the field and turn right between the playground and a concrete electricity substation to reach a tarmac road. Turn left and go towards a red pillar-box and a bus shelter. At the pillar box turn right and cross the road, keeping the roundabout on the left, and go down a short unnamed road towards Combermere Road. At the T-junction turn left up Combermere Road. When tarmac ends follow footpath straight ahead and go between four bollards. Follow path around to right into Lea Lane and to the road. Turn left and immediately pass the Wesley Methodist Chapel (L). Follow this road along and pass the The Old Hall, a stately Tudor house, now a pub (L) and the bus terminus (R). Cross main Heysham-Morecambe road at traffic signals and then turn left towards Morecambe. Turn right up Heysham Mossgate Road.

Over the hill at T-junction, cross the road and turn left down Kingsway to a bus shelter. Just after the bus shelter a concrete path leaves the pavement and goes right, up the grassy embankment that leads into a narrow grassy passageway that turns sharp right to go around the end of the houses. This path leads into Abingdon Grove from where you can see Lancaster on the hill in the distance. Keep straight ahead to the end of the Grove and follow footpath sign 'Oxcliffe Road' straight ahead onto a grassy track. Go straight ahead across road and continue ahead down track, which soon crosses the Morecambe-Heysham line bridge. Heysham Moss, a wildlife conservation area, is to your right. Continue along track with field and deep ditch on the left. The lane becomes a surfaced lane which turns left at footpath sign 'Oxcliffe Road'. Follow this lane to the main road. See panorama of the Lakeland hills (L), Ingleborough and Clougha Pike (R) in the far distance.

At main road turn right to the corner, (TAKE CARE, TRAFFIC), cross road, and turn right to follow the pavement. (To avoid having to cross this road three times to walk on the pavement, it is possible to face oncoming traffic by walking on the grass verge all the way to the turning off path at a sharp right bend.) Cross the road a second time, between two houses, to follow the pavement to face oncoming traffic. At a sharp right bend, cross the road again and go down an enclosed footpath which veers right around the end house and continues between mobile home parks before emerging (opposite Sunderland Drive) onto a road (Westcliffe Drive).



Turn left and follow Westcliffe Drive to the T-junction, and turn right, signed 'Lancaster', and follow this road along. Pass a pub, The Hurley Flyer, and Morecambe Football Club's Globe Arena (L). At Westgate Primary School, cross road at crossing, turn left, and right into Langridge Way. Pass school gates (R) and immediately veer right onto a feeder trackway signed 'Lancaster to Morecambe Cycle Way', and follow the white centre line. This part of the trackway ends at a vehicle turning circle.

Keep left and pass multiple sign post (R), and follow sign 'Morecambe' down a lane between several horse paddocks. Pass football pitch (L) and 'Trimpell Sports & Social Club' (R) and join the main 'Lancaster-Morecambe Greenway'. Turn left and follow the white centre line. Dogleg left over drain bridge and immediately right, to continue along the trackway. Shortly the route crosses the Morecambe to Heysham rail line between two kissing gates. Immediately turn right and continue along the trackway. Pass under the last road bridge to see station ahead to the right.

The path passes the station (R) and ends at a shopping complex access road/roundabout. Turn right and right again to get to the station.